

**AIA Community Supporter Training Session**

# **An Earthquake "What if" Training Session**

If a big earthquake happens, what things could be a problem?  
What should you bring, and where should you evacuate to?  
Along with people who come from countries where earthquakes don't occur,  
train together in preparation for what could happen.

**Date and time: 10/22/2016 (Sat.) 14:00-17:00**

**Location: Atorion 7F, Kurashi Training Room**

**(Address: 〒010-0001 Akita-ken, Akita-shi, Nakadori 2-3-8)**

Content:

1. Real Stories from the **Kumamoto Earthquake**

-the Reality of Support for Foreign People-

Kumamoto International Foundation,

Chinese Consultation Staff Member

Yoko Tanio (Yang Jun)

2. Presentation of outdoor items **useful**

**in case of an earthquake**

Japanese Red Cross Junior College of Akita

Assistant Professor

Shinichi Oikawa

3. Presentation of international

**"Takidashi"** (survival) recipes and menus

Target participants:

AIA community supporters,

those who wish to become community supporters

Cost: Free

Max capacity: 30 people

(on a first come, first serve basis)

Experience  
these international  
flavours!



Contact for questions or participation:

Akita International Association (AIA)

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**※The session will be conducted in Japanese**