

# SHIRAKAMI-SANCHI DAY TOURS

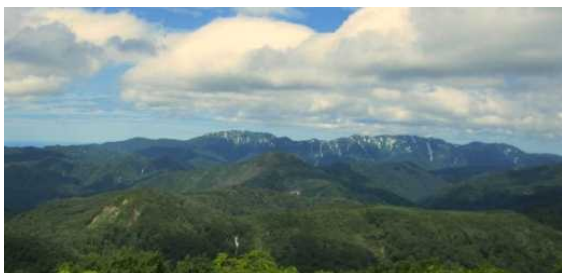
– Explore World Natural Heritage forests in autumn colours! –

## TOUR 2 Sat 25 Oct in AKITA

Meet at: JR Higashi-Noshiro Station at 8am or Road Station Minehama (car park) at 8:25am.  
Plan: Futatsumori (2.5hr-trek)>lunch>Tomeyama (1hr-walk)>back to meeting places (4pm)

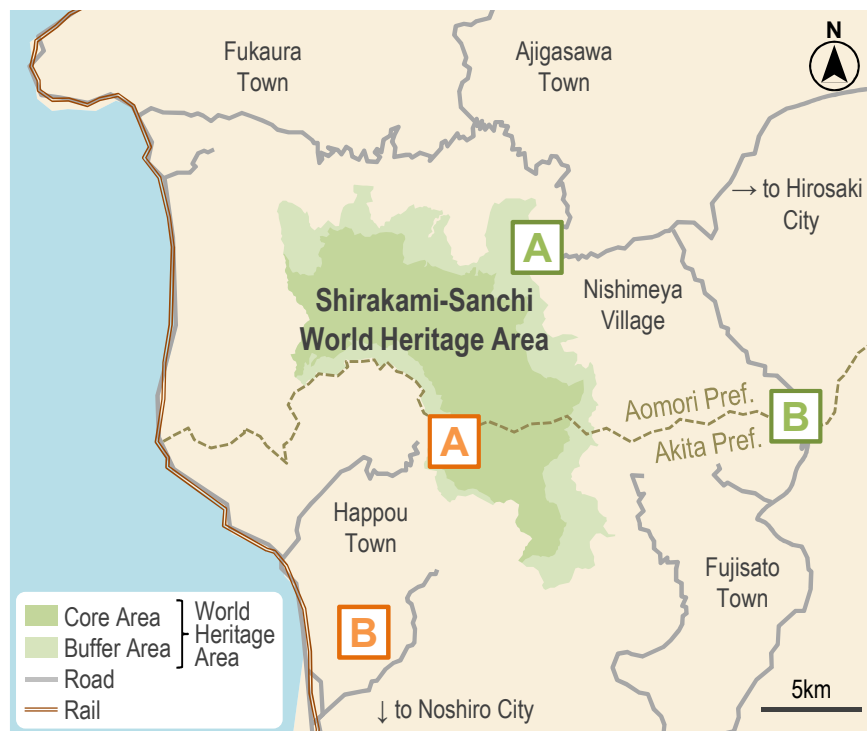
### A. FUTATSUMORI ・ニツ森

The 1,086m-high mountain situated on the edge of the World Heritage Area with a great panoramic view of Shirakami-Sanchi.



### B. TOMEYAMA ・留山

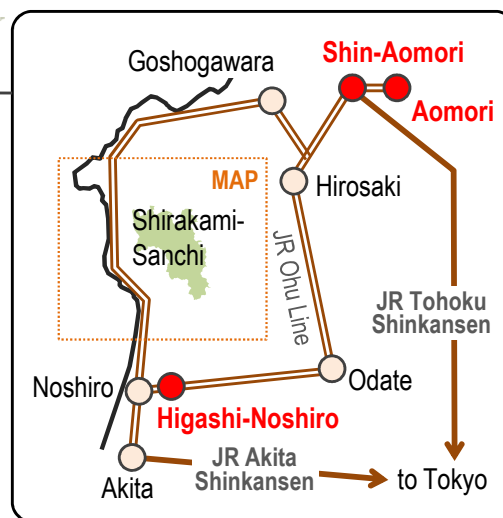
A beautiful beech forest which has been protected from logging for over 300 years since the Edo Period.



**ACCESS TO MEETING PLACES (by JR train)**

### FEES ETC.

Fees (Tour 1: ¥200, Tour 2: ¥3,000) include insurance cost, but exclude travel expenses to meeting places. Please bring your own lunch and drink and wear clothing suitable for trekking.



## TOUR 1 Wed 22 Oct in AOMORI

Meet at: Aomori City Council building (outside) at 7am, JR Aomori Station (West Exit) at 7:10am, or JR Shin-Aomori Station (East Exit) at 7:20am.  
Plan: Anmon Falls (3.5hr-trek)>lunch>Tsurube-otoshi Pass (0.5hr-walk)>back to meeting places (5:30pm)

### A. ANMON FALLS ・暗門の滝

A series of three impressive waterfalls along the Anmon River flowing through beech forest. Popularly visited now and in the past.



### B. TSURUBE-OTOSHI

#### PASS ・釣瓶落峠

The prefectural border famous for splendid autumn colours.

### BOOKINGS & ENQUIRIES

Bookings are accepted only via email between 25 August and 8 September for both tours. For more information, please contact Ms Y Kumagai at Tohoku Regional Forest Office.



**Tohoku Regional Forest Office**

Tel: +81 (0)18-836-2218

Email: t\_shidou@rinya.maff.go.jp